






# EXODUS

THE STORY OF US



For our journey together through the book of Exodus, we will be using a method of shared bible study called the **S.T.O.R.Y.** approach. **STORY** is an acronym that stands for:

-  **S**tiling ourselves
-  **T**asting the Word
-  **O**penness to the Holy Spirit
-  **R**eflecting
-  **Y**ielding to God

Those five stages will act as way-markers for our time of prayer, fellowship and study together!

## INTRODUCTION



### Still yourself...

*"I will give you a gift of peace. It is mine to give and yours to keep. It is not like a gift that this world gives. Do not let yourselves be sad. Do not be afraid."*

(JOHN 14.27)

We begin with a few moments of stillness, pausing to acknowledge God's presence with us.

- Sit comfortably in your seat, allowing your body to relax into a posture of stillness.
- Take a few deep breaths, gently releasing any tensions or frustrations from the day.
- Focus your mind on these words of scripture: *"My peace I leave with you..."*
- In the silence, offer a simple prayer from deep within your spirit that the Lord might meet with you, and the people sat to your right and to your left, in this room right now.

### Taste the Word...








*"Like newborn babies, you must crave pure spiritual milk so that you will grow into a full experience of salvation. Cry out for this nourishment, now that you have had a taste of the Lord's kindness."*

(1 PETER 2.2-3)

We now come to feed on God's Word together, to feast on Him in our hearts by faith.

- During the reading of God's Word we will be engaging our senses in Godly imagination:

-  - What am I **hearing**?
-  - What am I **seeing**?
-  - Am I **smelling** anything?
-  - Am I **tasting** anything?
-  - What am I **feeling**?

- Look up the passage: **Exodus chapter 2.1-10** in two or three different translations.
- Read the chapter from each translation slowly and carefully.
- Pause for a few moments of silence after each reading for silent reflection.





## Openness


*“Are your ears awake? Listen. Listen to the Wind Words, the Spirit blowing through the churches!”*


(REVELATION 2.29)


- Be open to hearing all that the Holy Spirit is saying to you as a group as you journey together through those five questions, sharing your experiences together:

 - What did we **hear**?

 - What did we **see**?

 - Did we **smell** anything?

 - Did we **taste** anything?

 - What did we **feel**?

## Reflect...



*“Study this Book of Instruction continually. Meditate on it day and night so you will be sure to obey everything written in it. Only then will you prosper and succeed in all you do!”* (JOSHUA 1.8)

In the passage we have just explored together (Exodus 2.1-10):

- What **principles** are there to follow?
- What **promises** are there to claim?
- What **pitfalls** are there to avoid?

## Yes!

## Yield...

*“As the Father has loved me, so have I loved you. Now remain in my love. If you keep my commands, you will remain in my love, just as I have kept my Father’s commands and remain in His love.”*

(JOHN 15.9-10)



The final way-marker on the **S.T.O.R.Y.** journey is to **Yield** ourselves to God.

Having sought the Spirit’s help, in both our understanding of the passage and the applying of it to our lives, it is now important to give our “Yes!” to God and all that He has spoken.

The scriptures calls us to be both “hearers” and “doers” of the Word of Life and so experience the fullness of His freedom and blessing. (JAMES 1.25)

And so we pause before returning to the rhythms and routines of the week, to gather our thoughts together, and turn our learning into living, our principles into practise.

As we close in prayer together, pray for each other - and give your “Yes!” to God

## THE STORY OF YOU